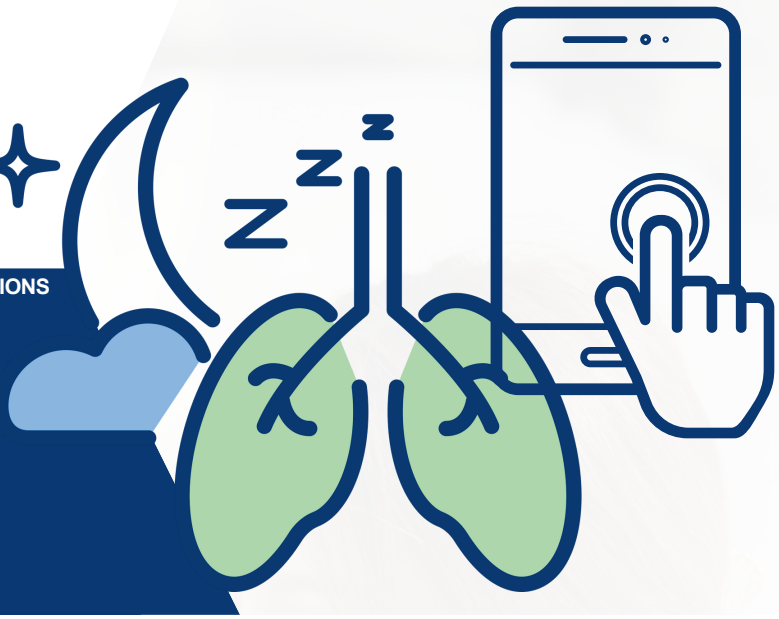
MedPro Respiratory Care

PRIMARY OXYGEN PROVIDER IN B.C - OVER 25 YEARS OF SERVICE - 18 LOCATIONS

Technology in Sleep Health

May 2026 Newsletter



How Digital Tools Are Improving Patient Outcomes.

Digital Patient Engagement Tools & CPAP Adherence

Advances in sleep technology enable clinicians to better identify sleep disorders, support patient engagement, and improve CPAP adherence. MedPro Respiratory Care integrates modern monitoring tools and patient engagement platforms to support both patients and referring physicians.

Modern CPAP Devices now include digital platforms that help patients stay engaged with therapy. For example, ResMed MyAir allows patients to track nightly CPAP use, mask seal, and therapy effectiveness throuogh a simple mobile app:

- Offers personalized coaching tips and feedback that help address not just common therapy barriers such as mask discomfort or air leak, but also unique patient specific issues
- Improves patient engagement and adherance to therapy. MyAir has been shown to improve compliance from 70% to 87% among monitored users in AirView.
- Clinically relevant due to better long-term outcomes for OSA and therefore overall patient health.

At MedPro, our respiratory therapists introduce these tools during setup and provide ongoing support to help patients maintain successful therapy.

Nurses Week May 6th

Thank you to all our Nurses for all your hard work and dedication!

When to Consider Referral for Sleep Assessment

Consider screening or referral for sleep apnea in patients presenting with:

- Excessive daytime sleepiness
- Loud snoring or witnessed apneas
- Resistant hypertension
- Morning headaches
- Persistent fatigue despite adequate sleep
- Mood changes or cognitive complaints
- Cardiovascular risk factors such as atrial fibrillation or metabolic syndrome

How MedPro Supports Your Patients

- Sleep testing and clinical assessment
- CPAP trials and therapy initiation
- Education and mask fitting
- Digital adherence monitoring
- Ongoing respiratory therapist follow-up

Considerations

Consider screening for OSA in women presenting with persistent fatigue, insomnia, or mood changes, particularly when risk factors are present.

Contact MedPro:

medprorespiratory.com

1-888-310-1444

FA 604-521-9286

HSAT@medprorespiratory.com

Scan for CPAP Requisition

THIS MONTHS PROMOTION

25% OFF

CPAP AND OXYGEN TRAVEL RENTAL UNITS.